







Time Trader Service Possibilities*

Help Around Home	Home/Auto Repair	Community Activities
		
Baking Bread Making Cake Decorating Child Care Cooking De-cluttering/Organizing Dog Walking Electrical Work Furniture Repair Gardening Hauling/Moving Hedge Trimming Help Organizing Photos Help with Finances Help with Taxes House Sitting Interior Decorating Ironing Landscaping Laundry Leaf Raking Legal Advice Light Cleaning / Chores Mailings/Stuffing Envelops Meal Preparation Mending Clothes Menu/M meal Planning Mowing Grass Painting Pet Grooming Pet Sitting Recycling Refinishing Furniture Resume/Cover Letter Help Sewing Alterations Sewing/Mending Snow Blowing/Shoveling Special Projects Spring Cleaning Telephone Calls Translation Travel Arrangements Poster/Logo/Brochure Design Upholstery/Reupholster Wallpapering Watering Plants Window Washing Yard Work Quilting	Auto Repair Bicycle Tune Up/Repair Car Care/Wash/Detailing Carpentry Construction Electrical Gutter Cleaning Home Theater Setup Minor Repair/Replacements Oil Change (auto) Painting - Indoor Painting - Outdoor Plumbing Tiling Tree Services	Clean-up (Parks, Streets, etc.) Clubs Community Service Event Volunteer Family Service Rochester Projects Fundraising Grant Proposal Writing Help our TimeBank! Neighborhood Clean-Up Recycling Special Projects Work for Social Change
	Recreation	Education
		
	Board Games/Cards Boating/Sailing Book/Video Loan Catering Clowning Coaching Dancing Outings Dining Out Event Planning Fishing Buddy Game/Sports Partner Help Entertaining Guests Help Throwing a Party Karate/Kickboxing Kayak/Canoe Tour Marathon Training Nature Walk Guide Rock Climbing Partner Sports Theater Travel Advice/Arrangements Travel Companion	Aerobics Instruction Book Studies Chess Tutor Child Development Classes Classes/Workshops (of any kind) Cooking Lessons Dance Lessons Driving Lessons ESL Tutoring Ethnic Cooking Fishing Lessons Golf Lessons Guitar Instruction Language Learning Music/Singing Lessons Nutrition Education Photo/Video lessons Piano Lessons Public Speaking Training Quilting Lessons Rock Climbing Lessons Sewing/Mending Classes Soap Making Lessons Sports Lessons Swim Lessons Tennis Lessons Tutoring/Mentoring Typing Lessons Weaving Lessons Website Design Lessons Writing Instruction

*The possibilities are endless, and entirely up to the membership network to create and expand!

TimeBank Service Possibilities*

Wellness	Arts, Crafts & Music	Transportation
		
Aerobics Braiding Hair Complementary Therapies Counseling Diet & Nutrition Ear Candling Fitness & Exercise Partner Haircut Makeovers Manicure/Pedicure Massage Perms & Hair Coloring Personal Coaching Pilates Partner Pregnancy Support Prenatal Yoga Respite Care Yoga	Beadworks Ceramics Classes Crafts Decorative Handwriting/Calligraphy Entertainment Floral Arrangement Jewelry Design Knitting Music Lessons (piano, guitar, etc.) Photo & Video Photo Framing/Matting Poetry Quilting Scrap booking Stamping Theater	Clinic Errands General Transportation Grocery Shopping Local Long Distance Ride to Airport/Bus Station Ride to Work Train / Bus / Airport Trips to the Dentist/Doctor Worship (i.e. Church, Mosque, etc.)
Business/Computer Services	Companionship	Miscellaneous
		
Accounting Assistance Business Cards Business Consultation Business Promotion CD Burning Clerical Computer/Internet Lessons Computer Networking Computer Fixing/Support Computer Upgrade Computer Use/Access Data Entry Digital Imaging Editing Email/IM Help Grant Proposal Writing Graphic Design Legal Advice Mailings/Stuffing Envelops Marketing Poster/Logo/Brochure Design PowerPoint/Presentation Help Research Resume/Cover Letter Help Software Tutoring Special Projects Tax Preparation Telephone Calls Typing Website Design	Advocacy Coffee Shop Outings Companion to Elderly Home Visits Movie/Book Clubs Reading on Tape Travel Companionship Trips to the Theater Walking Partner	Auctions Consulting on Topic of Choice Douala/Midwife eBay Training Gift Wrapping "Headhunter" (for jobs, cars, deals, technology, equipment, etc.) Legal Consultation Moving (Relocation) Help Musician Myer-Briggs Testing Newsletter Distribution Odd Jobs Poster Making Real Estate Advice Video Production Vocalist Wedding Planner/Assistant Writing Wills

*The possibilities are endless, and entirely up to the membership network to create and expand!